

PARTICIPANT WAIVER AND RELEASE OF LIABILITY

This **Participant Waiver and Release of Liability** (“Release”) is executed by the undersigned individual (“Participant”) as of the date set forth below, in favor of **Guardian Girls International (GGI), Guardian Girls USA, KIF USA, Aikido Kenkyukai International USA** and their respective affiliated organizations, members, instructors, officers, directors, employees, volunteers, contractors, sponsors, agents, and representatives (collectively, “GGI”).

Participant desires to voluntarily participate in programs, events, trainings, seminars, demonstrations, meetings, or other activities organized, sponsored, or facilitated by GGI (collectively, the “Activities”), including but not limited to those listed in **Schedule A**, if applicable.

1. Voluntary Participation

Participant acknowledges that participation in the Activities is **entirely voluntary** and undertaken of Participant’s own free will, without coercion or expectation of compensation, benefits, or employment of any kind.

2. Release and Waiver of Liability

Participant hereby **fully and forever releases, waives, discharges, and holds harmless** GGI from any and all claims, demands, actions, causes of action, damages, losses, liabilities, costs, or expenses of any kind, whether known or unknown, suspected or unsuspected, arising out of or related to Participant’s participation in the Activities. This release includes, without limitation, claims for **bodily injury, personal injury, illness, emotional distress, death, or property damage**, whether caused by the negligence of GGI, other participants, third parties, or otherwise, to the fullest extent permitted by law. Participant understands and agrees that **GGI does not provide medical, health, accident, disability, or insurance coverage** of any kind for Participants.

3. Assumption of Risk

Participant understands that the Activities may involve **physical activity, self-defense training, martial arts techniques, demonstrations, or other potentially hazardous activities**, and that such Activities carry inherent risks that cannot be eliminated. Participant **knowingly, voluntarily, and expressly assumes all risks**, whether foreseeable or unforeseeable, associated with participation in the Activities, including risks arising from the actions or omissions of GGI, other participants, or third parties.

4. Medical Treatment Authorization and Release

Participant authorizes GGI to obtain or provide **basic first aid or emergency assistance** if deemed necessary during the Activities. Participant releases and holds harmless GGI from any and all claims arising out of or related to such medical assistance, treatment, or decisions.

5. Participant Representations and Warranties

Participant represents and warrants that:

- Participant is **18 years of age or older**, or has obtained the consent of a parent or legal guardian who has executed a separate waiver;
- Participant is physically, mentally, and emotionally able to participate safely in the Activities;
- Participant has no condition that would impair safe participation;
- Participant understands participation is **voluntary and unpaid**, and that Participant is **not an employee, agent, contractor, or representative** of GGI;
- Participant agrees to comply with all **GGI policies, rules, safeguarding standards, and instructions**;
- Participant understands that participation may be **terminated at any time**, with or without cause, at GGI’s sole discretion;
- Participant agrees to cooperate with any **background check** if required by GGI.

6. Photographic, Video, and Media Release

Participant grants GGI the irrevocable right to **photograph, record, and use** Participant's image, likeness, voice, name, and statements captured during the Activities for **educational, promotional, reporting, fundraising, or informational purposes**, in any media now known or later developed, without compensation or further approval.

7. Governing Law and Severability

This Release shall be governed by and interpreted in accordance with the **laws of the State of California**. If any provision of this Release is held to be invalid or unenforceable, the remaining provisions shall continue in full force and effect.

8. Acknowledgment and Execution

Participant acknowledges that they have **read this Release carefully**, understand its contents, and voluntarily agree to be legally bound by its terms.

Participant Information

Participant Name (Print): _____

Participant Signature: _____

Date: _____

Phone: _____ **Email:** _____

Optional (if applicable)

Parent / Legal Guardian Name: _____

Signature: _____

Date: _____